

Children's Mental Health Bureau

October 26, 2022

Meghan Peel

Children's Mental Health Bureau Chief

Objectives

Provide an
Overview of
CMHB

CMHB's Role
in the System
of Care

Upcoming
Policy
Priorities

Children's Mental Health Bureau

- Behavioral Health and Developmental Disabilities Division (BHDDD)
 - Children's Mental Health Bureau (CMHB)
 - Serve youth with serious emotional disturbance (SED) age 0-17, or up to 20 if enrolled in secondary education.
 - Resource to providers and families.
 - Program development and oversight of mental health treatment services for youth enrolled in Healthy Montana Kids Plus (Medicaid).
 - Collaboration with other child-serving agencies

Services Offered

Acute Hospital

Psychiatric Residential Treatment Facility (PRTF)

PRTF Assessment

Partial Hospital

Therapeutic Group Home

Home Support Services

Therapeutic Foster Care

Therapeutic Foster Care – Permanency

Day Treatment

Intensive Outpatient Services

Comprehensive School and Community Treatment

Outpatient

Targeted Case Management


Community-Based Psychiatric Rehab and Support

Extraordinary Needs Aid 1:1 aide in TGH

Residential Services

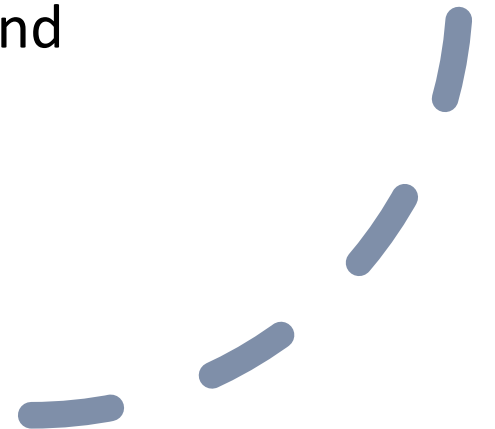
- Acute Inpatient Hospital Services
 - Danger to self or others with continued acuity risk
 - Typically short-term (<7 days)
- Psychiatric Residential Treatment Facility (PRTF)
 - Intensive psychiatric review and intervention
 - Medical supervision 24/7
 - Stabilize
 - Authorized 30 days at a time
- PRTF Assessment Service
 - Avoid acute hospitalization
 - Assess and recommendations
 - Maximum 14 days
- Therapeutic Group Home (TGH)
 - Behavioral intervention and life skill development
 - Improve functioning to return to home setting
 - Authorized 120 days/90 days

Community Based Services

- Partial Hospitalization (PHP)
 - Clinical condition of the youth requires structured day program with active psychiatric treatment under the direction of a physician with frequent nursing and medical supervision
 - Step-down from acute or inpatient psychiatric treatment
 - Home Support Services (HSS)
 - Assisting youth and caregivers to develop skills to safely remain in school, in the home, and in their community
 - Minimum of 2 hours of service per week, no limits
 - Therapeutic Foster Care/Therapeutic Foster Care Permanency (TFOC/TFOC-P)
 - In-home therapeutic support services
 - Youth in foster home environments
 - Prevent or minimize need for more restrictive services
 - Day Treatment
 - Mental health services in specialized classroom setting
 - Focused on building adaptive skills required for success in public school
 - Intensive Outpatient Therapy
 - Mental health services in the community
 - Individual, group, and/or family therapy with behavioral aid, crisis, and/or care coordination services
 - Comprehensive School and Community Treatment (CSCT)
 - Mental health service provided by public schools
 - Therapy and behavioral support
 - Outpatient Therapy
 - Individual, group, and/or family therapy
 - Private practice/mental health center/schools
 - Targeted Case Management (TCM)
 - Assess needs, develop service plan, coordinate services, monitor progress
 - TCM assists, advocates, and empowers family to help youth obtain necessary services
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Additional Services

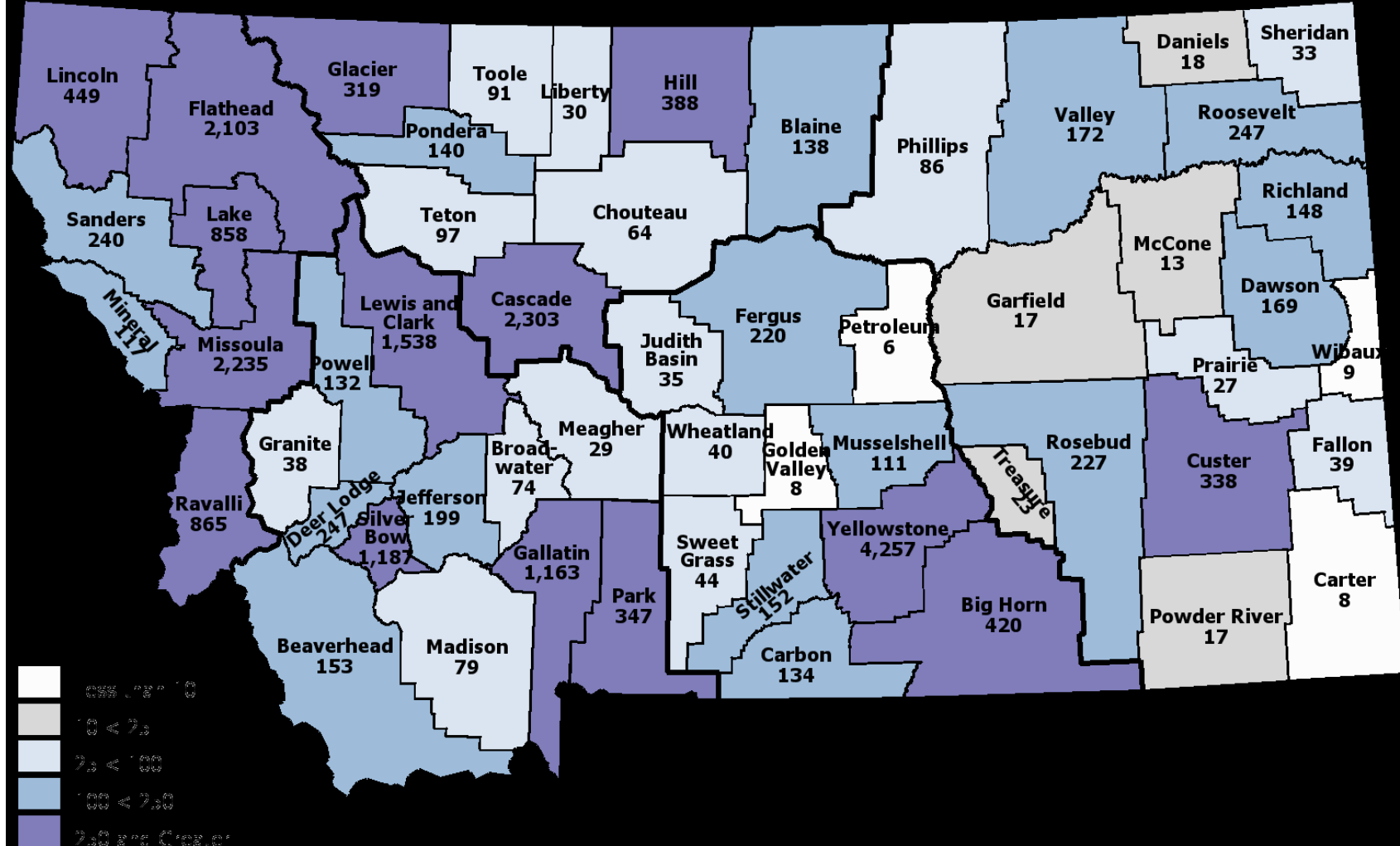
- Therapeutic Home Visit (THV)
 - Used to facilitate successful transitions from TGH
- Community Based Psychiatric Rehabilitation and Support (CBPRS)
 - Intensive behavior management and stabilization services
 - Utilized with mental health center services
- Extraordinary Needs Aide (ENA)
 - Intensive behavior management and stabilization services
 - Utilized in TGH



Service Expenditure	# Served	Expenditures	
* Therapeutic Group Home (PT61)	652	\$ 22,136,402	19.2%
* Comprehensive School & Community Treatment (CSCT)	3,831	21,446,803	18.6%
* Psychiatric Res Treatment Fac (PT38)	450	19,196,612	16.7%
* Licensed Professional Counselor (PT58)	7,745	9,374,962	8.1%
* Case Management- Mental Health (PT60)	3,439	6,423,318	5.6%
* Hospital - Inpatient (PT01)	850	6,127,027	5.3%
* Social Worker (PT42)	5,782	5,906,420	5.1%
* Mental Health Center (PT59)	1,409	5,235,775	4.5%
* Federally Qual Health Center (PT56)	2,086	3,512,514	3.1%
* Direct Care Wage (CMHB) - Not a Service Type		2,726,456	2.4%
* Home Support Service / Therap Foster Care (PT64)	597	2,706,529	2.4%
* Physician (PT27)	6,748	2,499,077	2.2%
* Mid-Level Practitioner (PT44)	4,362	2,281,284	2.0%
* Psychiatrist (PT65)	2,172	1,884,249	1.6%
* Rural Health Clinic (PT55)	1,338	1,234,664	1.1%
* Hospital - Outpatient (PT02)	1,446	1,063,510	0.9%
* Psychologist (PT17)	1,250	875,827	0.8%
* Critical Access Hospital (PT74)	513	440,640	0.4%
* Laboratory (PT40)	337	56,896	0.0%
* Respite (PT59)	40	12,185	0.0%
* Marriage & Family Therapist (PT87)	10	10,822	0.0%
* Indep Diag Testing Facility (PT72)	3	2,205	0.0%
Total Children's Medicaid Mental Health and CSCT	21,169	\$ 115,154,178	100%

‡ Expenditures through June 6, 2022 based on Date of Service. Includes CHIP funded HMK+ Medicaid Expansion.

2020 Number of Volunteer Service



System of Care


A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

Source: Stroul, B., Blau, G., & Friedman, R. (2010)

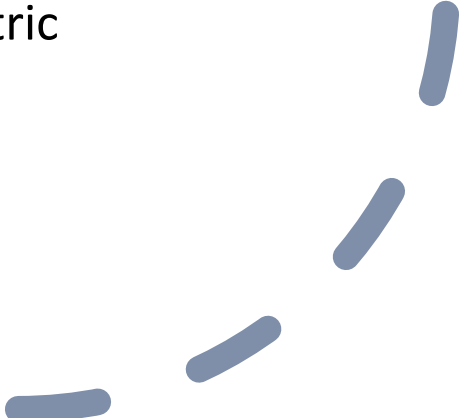


Supporting the System of Care

- Bi-weekly meetings with residential specialists from Child and Family Services Division and Juvenile Probation.
- Maximizing resources by braiding funding
- Active role in primary prevention work within the Behavioral Health and Developmental Disabilities Division
- Additional services being added to Continuum – IOP, Mobile Crisis
- Appropriate Level of Care – CALOCUS-CASII
- Family-Centered Care



Standardized
Assessment
CALOCUS-
CASII


- Child and Adolescent Level of Care Utilization System (CALOCUS)-Child and Adolescent Service Intensity Instrument (CASII)
 - Ages 6-18 years
 - Assess service intensity needed across 6 dimensions:
 - Risk of Harm
 - Functional Status
 - Co-Occurrence and Conditions: Developmental, Medical, Substance Use, and Psychiatric
 - Recovery Environment
 - Resilience and Response to Services
 - Engagement in Services
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CALOCUS- CASII PROVIDER BENEFITS

- Assists in creating and coordinating compressive treatment plans
 - Strength-based, culturally sensitive, individualized
- Assists with evaluation of children and adolescents with co-occurring disorders
- Supports active participation by child and family
- Measurement tool at the individual and systems level
- Provides a common language



Upcoming Policy Priorities

- Provider Rate Study
 - Reduce Reliance on Out of State Residential Programs
 - School Based Mental Health
 - Further implementation and fidelity to CALOCUS-CASII
 - Growth in Home and Community Services
 - Quality of Service Reviews
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Where to Go for More Information

- **Children's Mental Health Bureau**
<http://dphhs.mt.gov/dsd/CMB>
- **CMHB Medicaid Services Continuum of Care**
[Children's Mental Health Bureau Medicaid Services Continuum of Care \(mt.gov\)](http://dphhs.mt.gov/dsd/CMB/Manuals)
- **CMHB Medicaid Services Provider Manual**
<https://dphhs.mt.gov/dsd/CMB/Manuals>
- **CALOCUS-CASII and ECSII**
https://www.aacap.org/AACAP/Member_Resources/Practice_Information/
- **Montana Secretary of State - Administrative Rules of Montana (ARM)**
<http://www.mtrules.org/default.asp>

Children's Mental Health Bureau Staff

• Bureau Chief	Meghan Peel	444-1290
• Clinical Services Section Supervisor	Katie Harlow	444-3814
• Licensed Clinician Care Coordinator	Dan Carlson-Thompson	444-1460
• Licensed Clinician Care Coordinator	Tony Killebrew	655-7629
• Utilization Review & Financial Specialist	Alana Wilson	444-3819
• Medicaid Program Section Supervisor	Renae Huffman	444-7064
• Medicaid Program Officer (CSCT)	Christine White	444-5916
• Medicaid Program Officer	Brittany Craig	444-6018
• Regional Resource Specialist	Theresa Holm	444-2958
• Regional Resource Specialist	Trish Christensen	329-1330
• Research Analyst	Robin Albee	444-2727