ASD: *COMPREHENSIVE TREATMENT PLANNING AND COLLABORATION WITH SCHOOL/THERAPY TEAMS*

NEVADA REED, MD

PEDIATRIC NEUROLOGIST





COMPREHENSIVE TREATMENT PLANNING IN AUTISM SPECTRUM DISORDERS



Family Support

Recreation and Community

IMPACT OF ASD AT SCHOOL

Social Interaction and Communication

Judgement and Executive Function

Specific learning patterns

Co-morbid medical diagnoses

EACH CHILD WITH AUTISM IS UNIQUE!

- There is NO UNIVERSAL TREATMENT for autism spectrum disorders!
- Each child will require an *individualized* assessment and education plan.
- Each IEP team is also unique:
 - Parents may have specific goals
 - Culture and resources may differ between schools

THE IEP TEAM

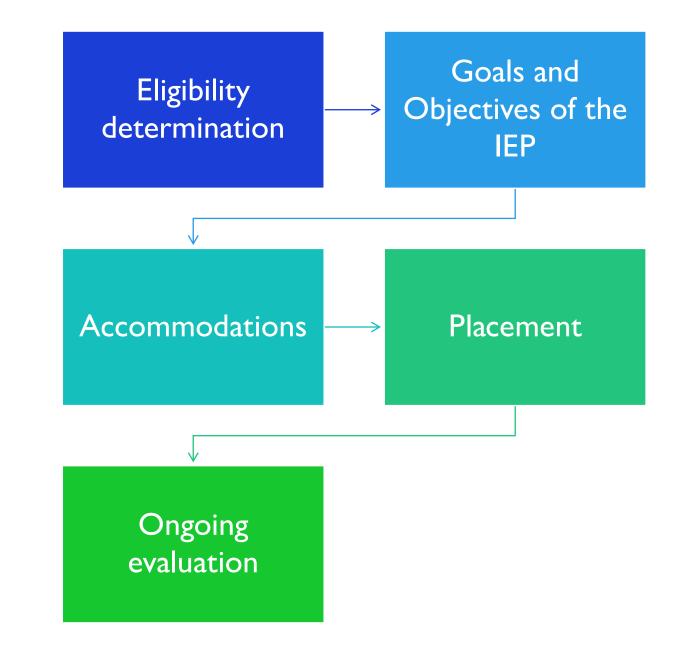
Each team member adds unique knowledge about the child:

- Parent(s)
- General/regular education teacher
- Special education teacher
- School Psychologist
- Speech Therapist
- Occupational Therapist
- Physical Therapist
- Other team members?

WORKING WITH IEP TEAMS

- Remember your common purpose
- Value each team member
- Communicate openly
- Listen carefully
- Assume good intentions
- Don't be afraid of new ideas
- Remember that medical diagnoses/recommendations might differ from educational diagnoses/recommendations

THE IEP CYCLE



AREAS TO CONSIDER IN THE IEP

Academic Skills

Social Skills and Functional Communication

Executive Function

Play and Leisure Skills

Self-help Skills

HOW CAN MEDICAL PROVIDERS HELP?

- Provide accurate and timely reporting to the IEP team of all medical diagnoses, including what areas of function that may be impacted.
- Respect the IEP team to be the experts in educational decision making.
- Ask questions/make suggestions.
- Seek collaboration with team members to monitor impact of medical treatments.
- Inquire about any medical concerns the team may have.

FREE(!) TRAINING RESOURCES FOR SCHOOL TEAMS...

- <u>https://autisminternetmodul</u> <u>es.org</u>
- https://www.ocali.org/projec
 t/InspirED
- AIM 50 self-paced modules with option for certification
- InsiprED tools for distance learning for individuals with ASD or other disabilities

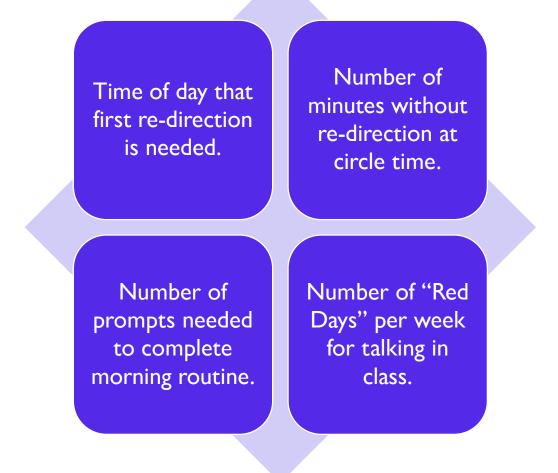
IEP RESOURCES

- Overview for families: <u>https://www.autismspeaks.org/blog/helpful-roadmaps-and-tool-kits-adolescence?fbclid=lwAR14hUDylfGIJLaVUgewJxXVZfbB7dbDZtASzR_CWLilOzoZC-VpjVcd7zo</u>
- Curriculum for students with ASD: https://www.iidc.indiana.edu/irca/articles/curriculum-materials-and-programs-for-individuals-on-the-autism-spectrum.html?fbclid=lwAR2_EtxGN220op3zcN-_wBCLn4KWJuaoTbTmAOGTMKUQ-95O32TvWQLeU2Q
- Accessing general curriculum for diverse learners: <u>https://literacyaccessforall.org/?fbclid=lwAR2QMKMIo1U_nMuvvnl_NPHOYYakco3Lv_LUHwxmex</u> <u>clBJx750_IDxsU6EY</u>
- Examples of IEP Goals: https://bridges4kids.org/IEP/iep.goal.bank.pdf

HOW TEACHERS AND THERAPISTS HELP WITH MEDICATION

- They see children in different circumstances:
 - Time of day
 - Demands
 - Social environment
- Can provide observations about possible side effects
- Can assist with formal monitoring of target symptom(s):
 - Standardized measures
 - Specific samples

DATA SAMPLES FOR MED MONITORING



FAMILY SUPPORT New diagnosis https://www.autismspeaks.org/blog/10-waysautism-response-team-art-can-help

Online Support Groups https://www.aane.org/online-forums/

Local Support Groups – Orchid club (Bozeman)

Don't forget siblings! - SibShops

COMMUNITY AND RECREATIONAL ACTIVITIES

- One-on-one play dates
 - Keep it short
 - Schedule of activities
 - Social Stories
- Sporting activities
 - Karate, swim, horseback
 - Individual performance within a group setting
- Community social groups church youth group, 4H, Scouting, gaming groups, robotics clubs (Outschool, IDtech)

CLOSING THOUGHTS

"It takes a village!!"

Comprehensive care is much more than medications!

"When you've met one person with autism, you've met one person with autism."

A N Y Q U E S T I O N S ?



Feel free to reach out to me directly!



Nevada Reed, MD



Kidslink Neurobehavioral Center; 330-963-8600



nreed@kidslinkohio.com